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An online information, sharing and community resource for individuals with disabilities, parents, carers and professionals

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Teaching methods that support students with ADHD

Some suggested teaching methods to support pupils with ADHD

Here are some methods to support the learning of students with ADHD in your classroom:

- When giving instructions for a task give information in bite sized chunks, ensuring the student has completed one task before you explain the next. Always support information given orally with written, preferably in bold font. To help support the child's understanding use visuals, charts, pictures and colour coding.
- When testing, create tests with fewer questions and tasks if possible. Reduce tests into segments, for example you might compartmentalise a 1-hour test into four sections over a period of days.
- Try to focus on giving the student the more difficult/complicated tasks at the beginning of the day rather than towards the end.
- Accept late work and give partial credit for partial work.

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