

Getting to know your class activities



The Cup Game

Your challenge

Plan: Using the activity idea below develop a plan on how you would deliver this to your class adapting to meet the needs and ages of your class.

Create: Create the resources to deliver the activity. You will need to think carefully about what cup games you want to teach your class and create prompt cards or a wall display to support their learning.

You will need one set of the resources for the workshop. You can make an additional copy of the resources to take away with you. You are also welcome to take a set of cups with you to use with your class.

Deliver: You will deliver a trial run of the activity within the workshop with your peers today. Use it as an opportunity to understand what works well and not so well.

Fine tune: Ask your peers for feedback and take this into consideration when planning for your class.

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The Activity:

Ask the children to sit around a large table. You may need to move lots of small tables together. If the children are younger and able to sit on the floor, you could sit on the floor so long as it is a hard surface, not mat or carpet.

Each child is given a cup. Explain to each child that the cup needs to be placed upside down on the table and their hands need to be either side.

The game gives children the opportunity to use the cup as a means of communication by responding to questions and expressing themselves.

It provides the opportunity for children to improve their listening skills, social skills and fine motor skills whilst at the same time having fun and getting to know their peers.

Some examples:

You could ask the children to initially take it in turn to make a noise with their cup. Then, progress to making the sound of their name i.e. if they have one syllable in their name to make one noise, two for two syllables etc. Call out names of the children and ask them to make the noise. Then, call out one child and ask them to call out the next child. If the children are confident and enjoying the activity you could teach them a short rhythm to copy. Depending on the skills of the children, you could progress to the “cup game” or choose a piece of music to play along to.